



### **Year 10 Summer Exams**

Dear Parents/Carers,

I would like to share with you some key information about the Year 10 Summer Exams, which will take place between Monday 20th April-Thursday 30th April 2026. You will know from previous communication that this is followed by our end of exams celebration trip to Thorpe Park on Friday 1st May 2026. The timetable outlining the exams is attached to this letter.

The exams are a useful opportunity for the teachers to assess your children's learning, exam technique, strengths and weaknesses. Equally, it is a great opportunity for the students to experience GCSE style exams, many of which will be longer than the assessments they have previously undertaken.

To help further prepare the students for their public examinations next summer, we hold these exams in the sports hall, so that the students have a 'trial run' of what it feels like to sit in a larger room and be in that environment. Our students with exams access arrangements will be accommodated according to their specific needs.

Knowing our lovely students as I do, I expect that a lot of them will be feeling very anxious or stressed about these exams, and I would appreciate your help in 'de-catastrophising' the situation for them. If they struggle with these exams, it is an opportunity to reflect and learn on how best to prepare next time around. We will continue to signpost resources and help in school regarding stress management, mental health and overall wellbeing. Please support us by encouraging your child/children to maintain a healthy work-life balance: they are not expected to study every day of the holidays, to stay up late into the night, or to sacrifice their hobbies and social life in the run-up to these exams. Please help them to develop good habits regarding sleep, nutrition and stress management: their well-being is more important than exam results and I will be making this very clear to them!

The students have all had at least one PSHE lesson on study skills this year, and we will continue to drip feed useful information and techniques in tutor time and our lessons. I also run a study club once a week which is open to all Year 10s.

Our Examinations Officer, Mrs Cunningham, will be delivering an assembly with me next week to appraise the students of the above information, and to go through logistics and requirements.

Although this may be more pertinent to Year 11, you are welcome to look at our website page regarding [exam information](#).

As with the end of year assessments that the students undertook in Year 9, when the students are not in exams, they are expected to be in school for the usual school day, and they will be in supervised quiet study. This includes if they have finished their exams. All usual school rules apply, including uniform, during the examination period.

If you have significant questions regarding the examinations, please do contact me: [john-i@beaconsfieldhigh.school](mailto:john-i@beaconsfieldhigh.school)

Yours faithfully,

**Izzy John**

Head of Learning (Year 10)