

Unseen Talent

Matthew Hector



What is your role?

Catering Assistant.

How long have you worked here?

I'm very new, only six weeks!

Where are you based?

In the cafeteria kitchen

Best thing about working at Becky High?

Working with the Dream Team in the cafeteria kitchen!

Life before Becky High!

I lived in St. Vincent for four years when I was 10 which was when I got into cooking - my favourite dish curried goat with rice and peas. I love sport; I ran for County as a child and now I love playing basketball and going to the gym. I got into kickboxing age 19 and competed at a high level for four years travelling all over the UK and Europe. I've always been into music; when I was 18, I was a night club promoter at venues in Wycombe, Slough and Oxford for artists like Dizzy Rascal and Lethal B. Now I enjoy listening to afrobeats, soulful house, R 'n' B and hip hop.



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I used to travel all over the UK and Italy and Ireland fighting in competitions and in 2019, I took part in and completed a Tough Mudder.

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