



Dear Parents and Carers,

As we reach the end of our first term of this academic year, I want to take a moment to express my sincere gratitude to students, parents and carers for your continued support and commitment to our school community. The autumn term has been marked by a shared dedication to accomplishing our vision to be a happy and high achieving learning community. Please do see our [Becky Highlights](#) and our [video montage](#) to see all the fun and opportunities our students have enjoyed this term.

Along with all the incredible news to share in Becky Highlights we would like to draw your attention to a parent/carer communication regarding teenage use of smartphones and social media. It may be likely that your teenagers will have increased screentime over the Christmas break and we want to draw attention to some concerns regarding long hours of phone usage recently highlighted in a Channel 4 documentary. The letter is attached and we will return to this topic in the New Year.

I also want to extend my heartfelt thanks to our dedicated teaching and support staff whose hard work, and commitment to our students is truly remarkable. As a reminder ahead of the holidays, we want students and staff to look after themselves, practise self-care, connect with friends and family, do things that bring them joy and to rest and recharge. Please be aware that school emails are not expected to be monitored or read by staff over the school holidays.

If your child needs support with mental health over the school holidays, please see below for some suggested means of assistance:

- Wellbeing page on the BHS website - <https://www.beaconsfieldhigh.bucks.sch.uk/Wellbeing/>
- The Samaritans <https://www.samaritans.org/how-we-can-help/contact-samaritan/> or call 116 123
- Papyrus <https://www.papyrus-uk.org/>
- Call 999/101
- Kooth <https://www.kooth.com/urgent-support>
- Health 4 Teens <https://www.healthforteens.co.uk/?location=Buckinghamshire>

Locker keys

Please can you remind your child that all students need to bring their locker keys back to school on the 7th January.

Recommended Reading:

#wakeupwednesday – [10 Top Tips for Safety on Social Media](#)

Becky Highlights, Autumn Term – December 2024 – [click here](#)

Smartphone Letter – see attached

The BHS Lottery:

This week's jackpot winning numbers are: 6 3 2 1 2 7

One of our supporters from £18.60 in the draw!

Click [here](#) to sign up.

Key Dates and Reminders:

- **First day back, 7th January** – all year groups back in school
- **Year 8 Parents Evening, 16th January** –
- **Early Close, 16th January** - school will close early at 2.30pm

With very best wishes for a happy and restful holiday.

Tina Bond

Headteacher