



# BEACONSFIELD HIGH SCHOOL

## PE Grade Descriptors

In Physical Education, pupils are assessed across a range of activities and sports throughout the year. Each activity is assessed using detailed criteria specific to that sport (for example: netball, badminton, athletics or fitness).

These individual assessments are then used to make an overall judgement based on three key areas:

- HEAD – Thinking, understanding, analysis and decision-making
- HEART – Communication, leadership and physical capacity
- HANDS – Physical skills and performance

The overall grade reflects a pupil's typical performance across activities, rather than one single lesson or sport.

Assessment Area	Developing	Proficient	Confident	Mastery
<b>HEAD</b>	Is developing an understanding of rules, roles and techniques, and is beginning to make decisions within activities. With support, can describe performance and begin to identify what is working well.	Shows a secure understanding of rules, roles and techniques and makes appropriate decisions in familiar situations. Can identify strengths and areas for improvement and apply basic coaching or officiating roles.	Demonstrates strong tactical or compositional understanding and makes effective decisions in a range of situations. Can analyse performance, offer coaching points, or officiate confidently.	Shows a deep understanding of performance principles and adapts decisions independently. Can analyse, coach or officiate with a high level of understanding and accuracy.
<b>HEART</b>	Is developing communication within activities and is building the physical capacity needed to take part effectively, with guidance.	Communicates appropriately within activities and demonstrates physical capacity to meet the demands of the activity.	Communicates clearly and effectively, shows leadership within activities, and has the physical capacity to cope well with activity demands.	Leads and communicates confidently, positively influencing others, and demonstrates a high level of physical capacity across activities.

<b>HANDS</b>	Is developing physical skills and can demonstrate them successfully in isolation or structured practices, and is learning to apply them within activities and games.	Performs key skills with increasing control and consistency. Applies skills effectively in low-pressure or small-sided situations.	Applies skills accurately and consistently in more challenging or competitive situations.	Performs with fluency, precision and adaptability across a wide range of activities, including under pressure.
--------------	--	--	---	--